

How do I order?

Lunch orders can be brought directly to the canteen between 8.20 and 9 am on OPENING DAYS. Please fill in your child's name, class teacher, room number and order into the correct section.

Bags and menus are located in the office and the canteen.

Kindy students are not able to purchase Recess.

Pre Primary student are able to purchase from the Recess menu, **they will need a separate order bag to be completed.**

Volunteers ~

To improve our school canteen and ensure it remains open we need the assistance of volunteers. As our school grows our canteen will to, to incorporate more opening days so we need volunteers to help us do this.

If you are a parent, Grandparent, Aunt, Uncle or friend the children always love seeing these people helping out in the canteen. All we ask for is a few hours of your time.

Please contact Kara Kamid ronniek74@iinet.net.au or 0429 427 265

Lunch Bags ~

Stickybeak reusable lunch bags are available for purchase from the canteen for \$10. These bags are great as the money can be kept separate from the food and reduces paper waste. The bags are available in a variety of different colours.



Wandina
PRIMARY SCHOOL



Term 1 2018

**Open Wednesday,
Thursday & Friday**

All menu items meet the requirements of the
“Traffic Light” healthy eating policy

Eftpos Available with 0.50c surcharge

Recess & After Lunch ~

A - Oaty Biscuit (DF) 1.00	A - Biscuit of the Day 1.50
A - Muffin of the day 1.50	A - Brownie 1.00
G - Piece of Fruit 1.00	G - Apple Slinky 1.00
G - BYO Apple Slinky 50c	G - Popcorn 50 c
G - Pikelets 50c	G - Cheesies 1.00
G - Muffin Pizzas 1.50	G - Jelly Fruit Cups 1.50 (GF, DF)
G - Fruit Salad Cups 2.00	G - Fruit Icy Poles 1.50
G - Fruit Yoghurt Tub 1.50	

GF = Gluten Free, DF = Dairy Free

Hot Options ~

Wednesday-	G - Hamburgers (Chicken, Beef or Vegetarian)	\$5.00
	G - Pizza (Hawaiian OR Vegetarian)	\$5.00
Thursday -	G - (4) Chicken Nuggets & Salad (DF)	\$5.00
Friday -	A - Party Pies (max 3)	\$1.50 ea
	A - Meat Pie	\$4.00
	A - Sausage Roll	\$4.00
Everyday -	G - Spaghetti Bolognese (GF,DF)	\$5.00
	G - Quiche & Salad	\$5.00
	G - Fried Rice	\$5.00
	G - Pumpkin Soup (GF, DF) & Bread	\$4.00
	G - Chicken Noodle soup (GF & DF) & Bread	\$4.00
EXTRAS -	Tomato Sauce	0.20c
	Cheese	0.50c

Drinks ~

G - Smoothie of the day (Mango, Banana or Strawberry)	2.50
G - 100% Fruit Juice (Apple, Orange & Tropical)	2.50
G - Flavoured Milk (Choc or Straw)	2.50
G - Water	2.00
G - Plain Milk	2.00

Lunch Sandwiches ~

G - Vegemite	2.00
G - Plain Cheese OR Plain Ham	2.50
G - Vegemite & Cheese	3.00
G - Ham, Tuna OR Chicken & Cheese	3.50
G - Ham, Tuna OR Chicken, Cheese & Tomato	4.00
G - Egg	3.00
G - Egg Head - (Smashed Egg, mayo & lettuce)	3.50
G - Captain Crunch -	4.00

(Ham, Tuna OR Chicken, lettuce, tomato & carrot)

Toasted + 30c, Rolls/Wraps + 70c, Gluten Free Bread/Wraps + \$1.00

We use wholemeal bread unless otherwise requested

G - Super Salad ~ 5.00

Ham, Tuna or Chicken, lettuce, carrot, cucumber, tomato, sprouts, beetroot, and cheese