

How do I order?

Lunch orders can be brought directly to the canteen between 8.20 and 9 am on OPENING DAYS. Please fill in your child's name, class teacher, room number and order into the correct section.

Bags and menus are located in the office and the canteen.

Kindy students are not able to purchase Recess.

Pre Primary student are able to purchase from the Recess menu, **they will need a separate order bag to be completed.**

Volunteers ~

To improve our school canteen and ensure it remains open we need the assistance of volunteers. As our school grows our canteen will to, to incorporate more opening days so we need volunteers to help us do this.

If you are a parent, Grandparent, Aunt, Uncle or friend the children always love seeing these people helping out in the canteen. All we ask for is a few hours of your time.

Helpers are needed mainly on Thursdays & Friday between 10.30 - 1.30pm. **Please contact Mel Scott: wandinapandccanteen@gmail.com or 0428 757 715**

Lunch Bags ~

Stickbeak reusable lunch bags are available for purchase from the canteen for \$10. These bags are great as the money can be kept separate from the food and reduces paper waste. The bags are available in a variety of different colours.



Wandina
PRIMARY SCHOOL



Term 1 2017

**Open Wednesday,
Thursday & Friday**

All menu items meet the requirements of the
"Traffic Light" healthy eating policy

Recess & After Lunch ~

Oaty Biscuit (DF)	1.00	Fruit Icy Poles	1.50
Muffin of the day	1.00	Brownie	1.00
Piece of Fruit	1.00	Popcorn	50 c
Apple Slinky	1.00	BYO Apple Slinky	50c
Pikelets	50c		
Fruit Rolls (2) + yoghurt	2.50	NEW	
Cheesies/Muffin Pizzas	1.00		
Jelly Fruit Cups (GF, DF)	1.50		
Fruit Salad Cups	2.00		
Yoghurt Tub	1.50	NEW	

GF = Gluten Free, DF = Dairy Free

Hot Options ~

Tomato Sauce 0.20c

<u>Wednesday -</u>	Hamburgers (Chicken, Beef or Vegetarian)	\$5.00
	Pizza (Hawaiian OR Vegetarian)	\$4.00
<u>Thursday -</u>	(4) Chicken Nuggets & Salad	\$4.00
<u>Friday -</u>	Party Pies (max 3)	\$1.50 ea
	Meat Pie	\$4.00
	Sausage Roll	\$4.00
<u>Everyday -</u>	Spaghetti Bolognaise	\$4.00
	Quiche & Salad	\$4.00
	Pumpkin Soup (GF, DF) & Bread	\$3.00
	Chicken Noodle soup (GF & DF) & Bread	\$3.00

Drinks ~

Smoothie of the day	2.50
(Mango, Banana or Strawberry)	
100% Fruit Juice (Apple, Orange & Tropical)	2.50
Water	2.00
Plain Milk	2.00
Flavoured Milk (Choc or Straw)	2.50

Lunch Sandwiches ~

Vegemite	2.00
Plain Cheese OR Plain Ham	2.50
Vegemite & Cheese	3.00
Ham, Tuna OR Chicken & Cheese	3.50
Ham, Tuna OR Chicken, Cheese & Tomato	4.00
Egg	3.00
Egg Head - (Smashed Egg, mayo & lettuce)	3.50
Captain Crunch -	4.00
(Ham, Tuna OR Chicken, lettuce, tomato & carrot)	
Toasted + 30c, Rolls/Wraps + 70c, Gluten Free Bread/Wraps + \$1.00	
We use wholemeal bread unless otherwise requested	

Super Salad ~ 5.00

Ham, Tuna or Chicken, lettuce, carrot, cucumber, tomato, sprouts, beetroot, and cheese